

Learning Objectives

TF-CBT addresses the negative effects of sexual abuse and other traumatic events by integrating several therapeutic approaches and treating both child and parent in a comprehensive manner.

Training Objectives

1. Identify ways that traumatic experiences have the potential to impact a child's development and health throughout the lifespan.
2. Explain why trauma-informed care is so vital, and distinguish between traditional mental health treatment and trauma-focused care.
3. Describe the nature of research that supports the efficacy of TF-CBT.
4. Identify clinical outcome assessment tools that can inform treatment and assist in measuring treatment outcomes.
5. Identify resources and strategies for model fidelity measurement.
6. Identify each component of the TF-CBT model.
7. Recognize the importance of respectful and empowering client engagement in the treatment process.
8. Understand the rationale behind each TF-CBT component and be able to use as least 3 tools or strategies for each of the model's components.
9. Gain practice skills and insight into the value and experiences that clients may have in the narrative development process through a narrative practice training activity.
10. Apply each component of TF-CBT model to address the issues of child sexual abuse.

Training Sponsors:



Safe Haven Child
Advocacy Center



wvcn.
joining hands to protect children.



Sisters of St. Joseph
Health and Wellness Foundation

Shepherd University
Department of Social Work

*Ongoing Consultation Opportunity

Interested in ongoing support from the trainer? Information regarding consultation conference calls with Kristine Buffington for a period of 12 months will be provided during this training. The purpose of these calls is to assist participants in implementing TF-CBT. Look for a sign-up sheet and more information at the training.

Trauma-Focused Cognitive Behavioral Therapy Training

Addressing the Mental Health
of Sexually Abused Children

May 19 - 20, 2010

8:00 AM – 4:00 PM

Shepherd University

Student Center

Shepherdstown, WV

Featured Presenters:

Kristine Buffington, MSW, LISW-S

University of Connecticut Health Center

Trudy Laurenson

West Virginia Child Advocacy Network

Trauma-Focused Cognitive Behavioral Therapy Training

Registration Form

May 19, 2010 Agenda

- 8:00-9:00 Sign-in and refreshments
- 9:00-10:30 Child Advocacy Center Model and National Children's Alliance (NCA) Mental Health Standard
- 10:30-10:45 Break
- 10:45-12:00 NCA Mental Health Standard (Cont.)
- 12:00- 1:00 Lunch
- 1:00-2:00 Trauma Impact and Rationale for Trauma-Informed Care
- 2:00-2:30 Introduction to the Research and Overview of TF-CBT
- 2:30-2:45 Break
- 2:45-3:15 Overview of Assessment
- 3:15-4:00 Engagement of Families and Psychoeducation; Evaluation

May 20, 2010 Agenda

- 8:00-9:00 Sign-in and refreshments
- 9:00-10:00 Cognitive Coping
- 10:00-10:30 Rationale and Strategies for Trauma Narrative Development
- 10:30-10:45 Break
- 10:45-12:00 Case Examples & Trauma Narrative Development
- 12:00-1:00 Lunch
- 1:00-2:30 Experimental Narrative Exercise (Non-trauma themes)
- 2:30-2:45 Break
- 2:45-3:30 Continuation and Processing of Narrative Exercise
- 3:30-4:00 Summary, Follow up, and Evaluations

Shepherd University Department of Social Work is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 12 hours of social work credit and 12 hours of LPC credit. An application for psychology have been submitted for this program.

Presenter Information

Kristine Buffington completed her Master's Degree in Social Work at Western Michigan University. She is a Cum Laude Graduate in Psychology from Eastern Michigan University. For over 24 years, Ms. Buffington has been a practicing social worker specializing in adult and child mental health, child abuse prevention, and advocacy, development, evaluation, and provision of services and programs to address the impact of child traumatic stress. She is an affiliate member of the National Child Traumatic Stress Network. Ms. Buffington is also an experienced trainer in trauma-informed care and evidence-based trauma-focused treatments.

Trudy Laurenson is one of the pioneers in West Virginia's Child Advocacy Center movement. After nearly 20 years working in a Domestic Violence program, Ms. Laurenson became the Director of the Child & Youth Advocacy Center in Lewisburg, WV, and worked on the development of the West Virginia Child Advocacy Network. Since retiring from the local Child Advocacy Center in 2009, Ms. Laurenson has been working with WVCAN (the state's coalition of Child Advocacy Centers) as a Program Development Specialist.

Safe Haven Child Advocacy Center is a program of Children's Home Society of West Virginia and an accredited member of the National Children's Alliance. To learn more about Safe Haven visit www.childhswv.org (click on "programs" link and "Children's Advocacy Center").



Name: _____

License (LPC, LSW, LICSW, etc.) _____

Work Setting: _____

Address: _____

Phone: _____

Email: _____

Please check appropriate category:

Conference fee includes: credit processing fee, conference materials, and continental breakfast and lunch for both days.

- Student (\$60)
- Early Bird (\$90) (Early Bird discount ends April 28)
- Regular (\$110)

To obtain student rate, please provide professor's signature, school name, and telephone number below:

Signature: _____

School Name: _____

Phone #: _____

*Please make checks payable to CHSWV. In the memo line please write TFCBT. Please call (304) 596-2022 if making a payment via credit card.

Mail checks to: Victoria Slater, 201 N. High Street, Martinsburg, WV 25401. Or contact Victoria via phone at (304) 596-2022 or email safehavencac@comcast.net.

Cancellation policy: Refunds, minus \$20 administrative fee, will be made through May 7, 2010.

Lodging/Reservations

Lodging is available at the Comfort Inn located in Shepherdstown, WV. Call (304) 876-3160 to reserve a room.